



Consent Education

Performance Lesson Pack Overview

Supporting Learning Before and After the Performance

Call it out is more than a performance. Every booking includes an exclusive Performance Lesson Pack, developed by ACHPER NSW, featuring eight ready-to-use classroom lessons that prepare students before the performance and consolidate learning afterwards.

The lessons are aligned to the NSW, Australian and VIC HPE curricula and support the NSW Life Ready Course.

The resource is suitable for Years 9–11.



Pre-performance Lessons

Lesson	Learning Focus	Key Curriculum Outcomes
Healthy or Harmful	Students identify healthy and unhealthy relationship behaviours and explore respectful alternatives.	• Respectful relationships • Recognising unhealthy relationship behaviours • Ethical decision-making
Unpacking Consent with SOFIER	Introduces the SOFIER framework to help students understand and apply affirmative consent. Specific – Ongoing – Freely Given – Informed – Enthusiastic – Reversible	• Affirmative consent • Communication skills • Respecting personal boundaries
Recognising Influence & Power Imbalances	Explores how influence, pressure and power can affect relationships and decision-making.	• Power and influence • Respectful relationships • Help-seeking strategies
Media Messages & Gender Stereotypes	Examines how media and stereotypes shape attitudes towards gender and relationships.	• Gender equality • Media literacy • Challenging stereotypes

Post-performance Lessons

Lesson	Learning Focus	Key Curriculum Outcomes
Bystander Action Call it out	Develops students' confidence to safely challenge harmful behaviour and support others.	• Respectful relationships • Bystander intervention • Ethical decision-making
Digital Consent & The Law	Explores online consent, image sharing, sexting and legal responsibilities.	• Digital consent • Online Safety • Legal and ethical responsibilities
What Does Consent Look Like?	Examines verbal and non-verbal cues to recognise and respond to consent respectfully.	• Affirmative consent • Communication • Recognising consent cues
Beat the Algorithm Who's Controlling Your Feed?	Investigates how social media algorithms influence attitudes, relationships and identity, while developing critical thinking skills.	• Critical Thinking • Media literacy • Challenging online influence



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"I would recommend Call it out to other schools. It was amazing, relevant, thought provoking, challenging, targeted and important."

Teacher, Dulwich High School of Visual Arts and Design

Performance Lesson Pack Features

- Developed by ACHPER NSW
- Eight ready-to-use classroom lesson plans
- Curriculum aligned, *including NSW PDHPE, NSW Life Ready, Australian and Victorian HPE Curriculum*
- Interactive classroom activities
- Discussion prompts and reflection tasks
- Minimal teacher preparation required
- Supports learning before and after the performance
- Exclusive teacher resource provided following confirmation of booking



FIND OUT MORE or BOOK NOW

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Pre and Post resources
developed by

